

MEET OUR NURSES – KARINA STOLL

CURRENT POSITION:

Registered Nurse RN Div .2.

POSITION DESCRIPTION (What does your role involve?)

On a daily basis I my duties require Patients requiring assistance with activities of daily living, also focusing on assessing the patient individually with the rest of the health team to meet every patient's needs that they require, such as observations, referrals and patients physical and verbal communication. Also making sure the patient understands discharge needs and educating them so they can go home to a safe environment. It is always important to me that the patients have a comfy and safe stay.

HOW LONG HAVE YOU WORKED AT PENINSULA HEALTH?

I started working with Peninsula Health four and a half months ago on Nurse Pool which allows me to specialise at every facility. I also used to do the occasional agency shift before joining the team.

HOW LONG HAVE YOU WORKED IN NURSING AND IN WHAT AREAS?

I have been a Nurse now for 7 years, I became a nurse at 19, I'd left school I started as a P.C.A(Personal care attendant) in Aged Care then went straight into completing my Div.2.(Cert .4.). Once I completed my Div.2. I still wanted to keep expanding my knowledge so I joined Caring for you Nursing Agency and found my forte' in Acute doing shifts with Peninsula Health on the wards and learning a lot which interested me to work at a private hospital, until I found my feet in acute and felt competent enough to join the public system. Doing this has built up my competency as a nurse and allowed me to specialise in Aged care, Rehab (Geriatric and Psychiatry), Acute (Medical and surgical), outpatients and Endoscopy.

WHY DID YOU CHOOSE NURSING AS A CAREER?

When I was 12 I had kidney stones. I had a really amazing Jamaican nurse called Esse. Every morning she'd let me braid her hair, and let me play with the B/P machines and her stethoscope. Right then I knew I was bound for the health industry.

WHAT ARE THE POSITIVE ASPECTS OF YOUR JOB?

On Nurse Pool I meet lots of lovely nurses and health staff and because I go to all facilities. I am constantly learning new ways and protocols and it really has made me become a better nurse. I also love the look on a Patients face when you've done your job to the best of your ability.

WHAT ARE YOUR FUTURE CAREER PLANS?

At the moment I'm focused on enrolling into my Division .1. in Nursing, My focus is to become a unit manager or specialising in Paediatrics much later on in the future, and perhaps even looking at completing my Masters in Nursing.